

Curriculum Vitae: **Patricia Craven, PHD, LMFT-S, RPT-S**

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EDUCATION

PhD. Marriage and Family Therapy

Florida State University, Tallahassee, Florida - Dissertation topic: Transitional Group Therapy: Promoting Resiliency in First Placement Foster Children

M.A., Marriage and Family Therapy- Aug, 2000 – Aug, 2002

Appalachian State University, Boone, North Carolina

B.A., Psychology- Aug, 1995 – Aug, 1999

University of Central Florida, Orlando, Florida

Diploma, Nursing- 1991

Forsyth Technical Community College, Winston Salem, North Carolina

LICENSES AND CERTIFICATIONS

- Marriage and Family Therapist-Florida, License # MT 2156
- APT, Registered Play Therapist, #T-1143
- Play Therapist Supervisor-APT
- APT Provider
- EMDR Training Part I and Part II
- Marriage and Family Therapy Supervisor-DOH
- Mental Health Counseling Supervisor-DOH
- Social Work Supervisor-DOH
- Marriage and Family Therapist-North Carolina, License # 1068
- Marriage and Family Therapist-Texas, License #5224
- Parenting Coordinator
- Family Mediator

PRESENTATIONS AND WORKSHOPS ATTENDED

- **Presentation** at state conference,-Becoming culturally competent therapists, North Carolina Association for Marriage and Family therapy, 2001.
- **Presentation** at state conference-Healing rituals for couples recovering from adultery, North Carolina Association for Marriage and Family Therapy, Charlotte, North Carolina, 2002.
- **Presentation** at national conference-Healing rituals for couples recovering from adultery, American Association for Marriage and Family Therapy Conference, Long Beach, California, 2003.
- **Presentation Poster** at national conference-The mother's role in the etiology of psychopathology in major clinical journals, American Association for Marriage and Family Therapy Conference, Long Beach, California, 2003.
- **Presentation** at Maxim Healthcare-Attachment disorders in children and adolescents, Wilmington, NC, Carolina Rehabilitation, 2005.
- **Presentation** Summer conference-Ritualized interventions in couples therapy, Appalachian State University, Boone, NC, Family Institute, 2004.
- **Presentation to Families**-Family Strengths, Head Start, Tallahassee, Florida, 2004.
- Experiential family play therapy with adolescents, International Association for Play therapy Conference, Nashville , Tennessee, 2005.
- Practical play therapy techniques for sexually traumatized children, International Association for Play Therapy Conference, Nashville , Tennessee,2005.

- What to do with these puppets now that I bought them, International Association for Play Therapy Conference, Nashville , Tennessee,2005.
- Sand play and the angry child, International Association for Play Therapy Conference, Nashville , Tennessee, 2005.
- Child-centered play therapy with attachment disordered children, International Association for Play Therapy Conference, Nashville, Tennessee, 2005.
- 30 ways to be a better play therapist, International Association for Play Therapy Conference, Nashville , Tennessee, 2005.
- How to publish in the international journal of play therapy, International Association for Play Therapy Conference, 2005.
- Fawns in gorilla suits, International Association for Play Therapy Conference, Nashville, Tennessee, 2005.
- Group play therapy for sexually abused Children, International Association for Play Therapy Conference, Nashville, Tennessee, 2005.
- **Presentation** at Children's Home Society, The power of play, 2006.
- **Presentation** at the Department of Children and Families, The power of play, 2006
- **Presentation** at Children's Medical Services, The power of play, 2006.
- Comprehensive Model Program for Post Legal Adoption Services, Jacksonville, Florida, 2006.
- Treating aggressive children, North Carolina Association for Play therapy, Wrightsville Beach, 2006.
- **Presentation** at national conference-The Narrow window: Early brain development and foster children, American Association for Marriage and Family Therapy, Austin, Texas, 2006.
- **Presentation** at Florida Association for Play therapy, Couples counseling and family play therapy, 2007.
- Evidence –based play therapy interventions for children, International Association for Play Therapy Conference, Hollywood, CA, 2007.
- Effectively blending play therapy and CBT/EBT, International Association for Play Therapy Conference, Hollywood, CA, 2007.
- The land of the misfit toys: Using play therapy in treatment of adolescents with sexual problems, International Association for Play Therapy Conference, Hollywood, CA, 2007.
- Child-parent relationship therapy, International Association for Play Therapy Conference, 2007.
- Everything you want to know about child sexual assault survivors, International Association for Play Therapy Conference, Hollywood, CA,2007.
- Using super heroes in play therapy, Florida Association for Play Therapy, 2007.
- Filial Play therapy with parents who have children in foster care, Florida Association for Play Therapy, 2007.
- Healing Play Therapy Toys and Techniques for At-Risk Children, FAPT, February, 2008.
- Evocative strategies in play therapy with children and adolescents, Florida Association for Play Therapy, 2008.
- Florida School of Addictions, Clinical Supervision, 2008.
- Empowerment play therapy group for adolescents engaging in inappropriate sexual behaviors, International Association for Play Therapy, Dallas, Texas, 2008.
- What neurosequential development and trauma have to say about play therapy, Bruce Perry, International Association for Play Therapy Conference, Dallas, Texas, 2008.
- Using Research-based theme patterns to enhance play therapy assessment and therapy, International Association for Play Therapy Conference, Dallas, Texas, 2008.
- Excellence in supervision and training, International Association for Play Therapy Conference, Dallas, Texas, 2008.
- **Presentation** at TAPT meeting, Transitional Group Play Therapy, 2008.
- **Presentation** at TAPT meeting, Treating Sexually Abused Children and Adolescents, 2008.
- Trauma-Focused CBT, Healing Transitions training, Dr. Kristy Greene, 2008.
- **Presentation** at TAPT, Healing Toys and Techniques for At-Risk Children, 2009

WORK EXPERIENCE

- Owner/Clinical Director, Healing Transitions: Creative Counseling for Children and Families Inc. 1725 Capital Circle, Northeast, Suite 203, Tallahassee, Florida. www.healing-transitions.com
- Private Practice-Healing Transitions: Creative Counseling for Children and Families Inc. 1204 Miccosukee Road, Tallahassee, Florida 32308. www.healing-transitions.com

- Private Practice-Healing Transitions: Creative Counseling for Children and Families Inc. Nov, 2006 – May, 2007, 2888 Mahan Drive, Suite 1, Tallahassee, Florida 32308. www.healing-transitions.com
- Children's Home Society-May 2006 –present: Contract Therapist, Child-Therapist for children in an outpatient setting, including providing intakes and maintain a case load of clients.
- Children's Home Society-July 2005-May 2006: Child therapist, Counselor IV-Provide therapy to children and their families in an outpatient agency setting. Assist psychiatrist in medication clinic.
- Family Counselor, Intensive Crisis Counseling Services, Tallahassee, Florida, August 2002 to December 2005: Conducted home-based therapy to families at risk of removal of their children due to abuse, neglect or other safety issues. This work involved traveling to surrounding counties, doing consultations and assessments. It Involved Psycho education on domestic violence prevention, positive parenting, and substance abuse were often addressed with at-risk families.
- Marriage and Family Therapist, Marriage and Family Therapy Center, Tallahassee, FL, August 2002 – August 2004: Provided family therapy as well as individual and couples therapy to students and members of the surrounding community.
- Medical Family Therapy Intern, Wake Forest University, Winston Salem, NC, June 2001 to July 2002: Under the supervision of Dr. Wayne Denton, screened clients in the Department of Psychiatry at Baptist Hospital. Also maintained several clients during the course of internship to receive 575 hours of direct contact. Participated in a Marriage and Family Therapy Clinic research and collaboration with psychiatric residents.

TEACHING EXPERIENCE/WORK EXPERIENCE

Instructor-January 2004-December 2004

Valdosta State University, Valdosta Georgia -Treatment Issues, MFTH 7601 and MFTH 7650 graduate level students in the Marriage and Family Therapy Program, Direct supervisor: Dr. Kate Warner, MFT Program Director.

Instructor-September 2003-May 2004

Tallahassee Community College, Tallahassee, Florida - Responsible for teaching a adult education class mandated by the court in Florida to obtain a divorce. The title of the course: Parents, Children, and Divorce. Direct supervisor: Bridget Elwell, Adult Education.

Instructor-August 2002-May 2003

Florida State University, Tallahassee, Florida - Responsible for teaching large undergraduate classes, FAD 2230, Family Relations. Direct supervisor: Dr. Carol Darling

Instructor-January 2001-May 2001

Appalachian State University, Boone, North Carolina - Responsible for teaching incoming freshman a course titled: Freshman Seminar. Direct supervisor: Dr. Laurie Williamson.

PUBLICATIONS

Refereed Articles:

Lee, R. E., & Craven, P. A. (2009). Transitional Group Therapy for Young Foster Children. *Journal of Family Psychology, in press.*

Lee, R. E., & Craven, P. A. (2007). Reply to Pignotti and Mercer: Holding Therapy and Dyadic Developmental Psychotherapy are Not Supported and Acceptable Social Work Interventions. *Research on Social Work Practice, 17, 520.*

Craven, P. A. & Lee, R. E. (2006). Therapeutic interventions for foster children: A systematic research synthesis. *Research in Social Work Practice, 16(3), 287-304.*

Craven, P.A. & Dunn, J. (2004). Parents are forever: Children in the aftermath of divorce. *Michigan Family Law Journal.*

Winek, J. L. & Craven, P. A. (2003). Healing rituals for couples recovering from adultery.

Contemporary Family Therapy, 23 (3), 249-261.

Winek, J. L. & Craven, P. A. (2003). On the intersection of theory and practice. *Contemporary Family Therapy*, 23 (3), 275-281.

Work in Progress:

Craven, P. A. The Effectiveness of Transitional Group Therapy: Promoting resiliency in foster children. 2010

Craven, P.A. Case Studies utilizing Transitional Therapy: "I have to be Brave." 2010.

Craven, P. A. Trauma and Play therapy: The need for Play-based interventions. 2010.

Craven, P. A. Interventions for foster children who have been sexually abused. 2010

Craven, P. A. Beyond Parenting: A comprehensive parenting approach. 2010.

Craven, P. A., & Winek, J. L. The mother's role in the etiology of psychopathology in major clinical journals. Work in progress. 2010.

Craven, P.A. The spiral theory of change: A six-stage model. Work in progress, 2010.

Book Chapters:

Craven, P.A., & Lee, R. E. (2009). Therapeutic Interventions for foster children: A systematic research synthesis. In M. G. Vaughn, M. O. Howard., & B. A. Thyer (Eds.) *Readings in evidence-based social work*. Thousand Oaks, CA: Sage Publishing.

Craven, P. A (2005). Who wants to be a millionaire? In C. W. Minor & M. Pope (Eds.) *Experiential activities for teaching career counseling classes and for facilitating career groups*. Tulsa, OK: National Career Development Association.

Winek, J. L. & Craven, P. A. (2005). The coming clean ritual. In D. Viers & K. Hertlein (Eds.) *The couple and family therapist's notebook: Homework, handouts and activities for use in psychotherapy*. New York: Haworth Press.

ASSOCIATIONS

- American Association for Marriage and Family Therapy-Clinical Member
- Florida Association for Marriage and Family Therapy
- Tallahassee Association for Play Therapy-President, 2009-2010-Secretary/Treasurer 2008-2009
- International Association for Play Therapy
- Florida Association for Play Therapy

RESEARCH ACTIVITIES

- Florida State University, Tallahassee, Florida, 2008 - Research was conducted with first time placement foster children ages 8-12 in a group setting to promote resiliency. This was a six week intensive short-term preventive intervention to assist foster children to survive the foster care experience.
- Florida State University/Appalachian State University 2002-2005 - Content Analysis: The Mother's Role in the Etiology of Psychopathology in Major Clinical Journals. The content analysis involved the coding of articles from 6 scientific journals by creating and utilizing a code sheet designed to determine if mother-blaming exists in psychological literature.
- Partnership for Stability, Toy Industry foundation, Florida State University, 2003 - Submitted grant for funding to create a parenting link between foster parents and biological parents for the best interests of foster children-unfunded.

- Appalachian State University, Boone, North Carolina, 2002 – Under the supervision and direction of Dr. Wayne Denton, data was collected for a study involving the use of the Global Assessment of Relational Functioning (GARF) and the Classification of Relational Disorders (CORD). This was conducted at Wake Forest University School of Medicine, Department of Psychiatry and Behavioral Medicine, Winston Salem, NC. Weekly measurements were used to assess couples in the Marriage and Family Therapy Clinic to evaluate their relationship according to the GARF and CORD.
- Wake Forest University, Winston Salem, NC – Under the supervision and direction of Dr. Wayne Denton and Dr. Stephanie Walsh data was collected for the SHARE study (Synthesizing Health and Relationship Enhancement) I conducted couples therapy utilizing Emotionally Focused Therapy to couples where one or both partners were diagnosed with a somatoform disorder. Extensive training was involved in working with couples, weekly supervision, and taping of all sessions.

PROFESSIONAL ACTIVITIES

- President, Tallahassee Association for Play Therapy, 2009-2010
- Secretary, Tallahassee Association for Play Therapy, 2007, 2008, & 2009
- Student Representative, Faculty Policy Member, Florida State University, 2003
- Treasurer/PhD Representative, Marriage and Family Graduate Association, Florida State University, 2002 - 2004
- Student Representative of Senate for Department, Graduate Student Association Senate, Appalachian State University, 2001 - Appointed by Department Chair
- Study Abroad, Department of Human Development and Psychological Counseling, Bolivia, South America, 2002 - Traveled with a group of professionals and students to Bolivia, South America and participated in visiting shelter homes for the poor, lectured in school settings, and attended cultural activities.

HONORS AND AWARDS

- Play Therapy Presentation Grant, Orlando, Florida, April, 2006
- Hortense Glenn Honor Society, Florida State University, 2004 - Upper 1% chosen for honorary membership. First pick of students.
- Kappa Omicron Nu National Honor Society, Florida State University, 2003
- Tyner Scholar Award, Department of Family and Child Sciences, Florida State University, 2002
- Graduate Research Award, North Carolina Association for Marriage and Family Therapy, Charlotte, NC, 2002
- Honorable Mention-Teaching Award, Reich College of Education, Appalachian State University, 2002
- National Honor society for Graduate Students and Professionals, Alpha Epsilon Lambda, Boone, NC, 2002
- Jones-Dotson Scholarship Recipient, Department of Human Development and Psychological Counseling, Appalachian State University, 2001
- National Honor Society in Psychology, Psi Chi, University of Central Florida, 1997
- Academic Honors, Deans List/Presidents List, University of Central Florida, 1995 to 1999
- Research and Sponsored Programs, Graduate School Scholarship Recipient, Appalachian State University, 2001